



ROADSIDEREADER

NATIONAL ASSOCIATION
OF INDEPENDENT TRUCKERS

3

MEMBER SPOTLIGHT

The National Association of Independent Truckers (NAIT) is the truck driver's best friend because it's more than just a membership – it's a support system built for the road.

From affordable insurance programs and fuel discounts to legal assistance and business tools, NAIT has independent drivers covered. It's designed to protect their livelihood, boost their bottom line, and give them peace of mind so they can focus on what they do best: keeping America moving, like Ronnie Pena.

Whether you're just starting out or a seasoned owner-operator, NAIT stands in your corner every mile of the way.

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TOTAL CARE

\$30 mo. / Individual
\$45 mo. / Family Plan

5

Microwave 4-Minute Chicken Quesadilla



6

WORD SEARCH

WEATHER



COMDATA
Fuel Card



Comprehensive
Insurance



Hotels 4 Truckers™
Hotels4truckers.com



**MONTHLY
FOR \$5K
IN MEMBER BENEFITS**

TRUCKERS HEALTHCARE

- Health Insurance
- Dental/Vision
- Life Insurance
- Disability Insurance
- Critical Illness and Accident
- Telemedicine (TotalCare)

www.truckershealthcare.com

BUSINESS SOLUTIONS

- Emergency Breakdown/Roadside Assistance
- COMDATA Fuel Program
- Used Truck Purchase Program
- Computer Hardware and Software
- Form 2290 Truck Tax Assistance
- Heavy Duty Truck Parts
- ATBS Discounted Tax Services
- Mapping and Navigation App

INSURANCE COVERAGES

Comprehensive packages designed by IAT TransGuard for members and families

Available coverages include:

- Occupational Accident and Non-Occupational Accident
- Workers' comp for employee drivers and casual labor
- Occupational Compensation for casual labor
- Non-Trucking Liability – when your truck is used for a private passenger vehicle
- Physical Damage, including Collision Comprehensive, Glass Breakage, Towing, Rental, and Personal Contents
- Passenger Accident

www.transguard.com

EXCLUSIVE BENEFITS / DISCOUNTS

- Hotel
- Flowers and Gift Baskets
- Car Rental
- Epic Vue



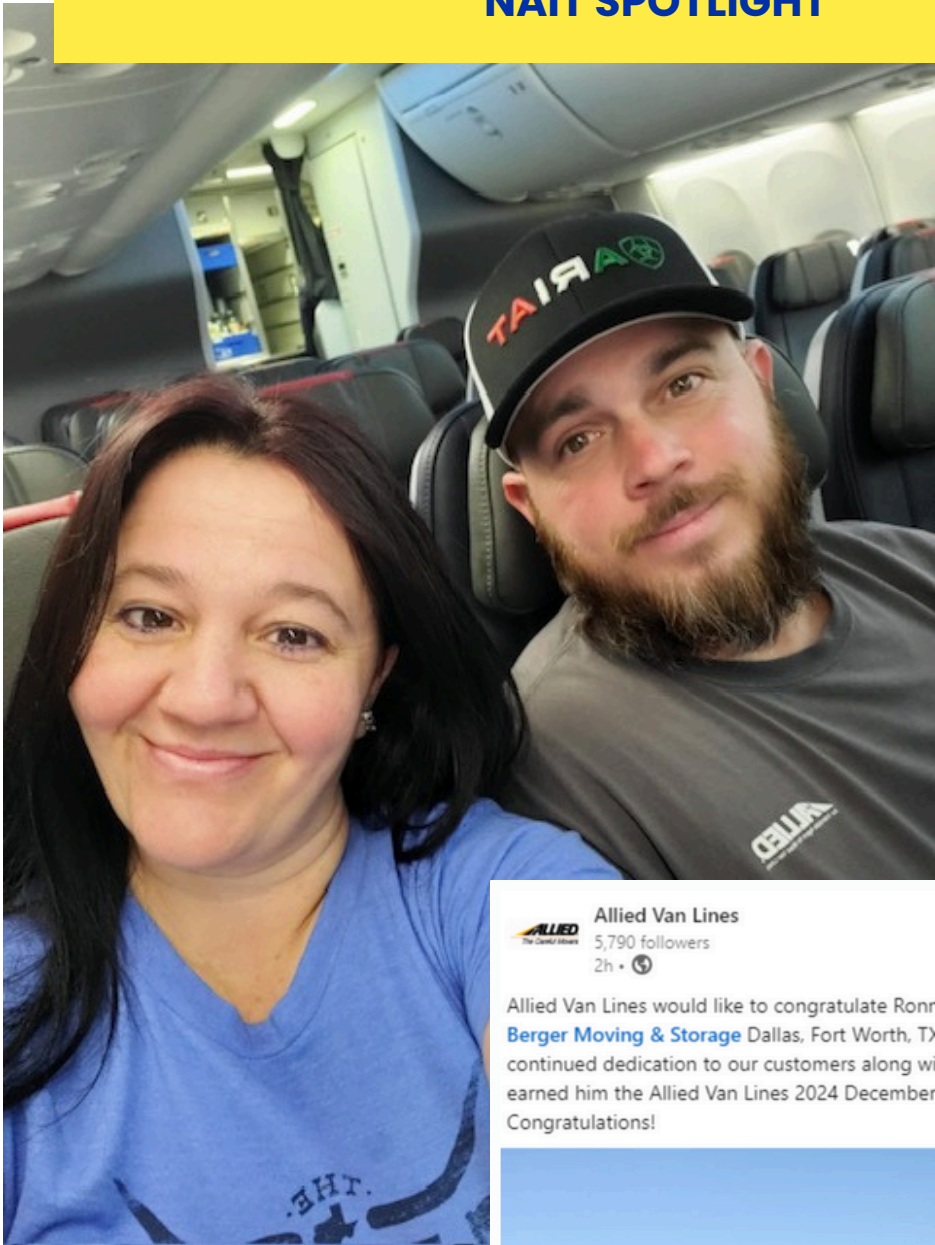
MORE INFO

NAIT Specialist Mona Brimeyer

[877-770-6248](tel:877-770-6248)

MemberBenefits@NAITUSA.com

NAIT SPOTLIGHT



Owner-operator and NAIT member Ronnie Pena received Driver of the Month award in December 2024. He drives for Berger Moving & Storage, an Allied Van Lines agent. He has been with NAIT since 2019.

Allied Van Lines
 5,790 followers
 2h • 🌐

Allied Van Lines would like to congratulate Ronnie Pena and [Berger Moving & Storage](#) Dallas, Fort Worth, TX. Ronnie's exceptional service and continued dedication to our customers along with his safety and hauling record have earned him the Allied Van Lines 2024 December Driver of the Month Award. Congratulations!





\$0 COPAY

VIRTUAL PRIMARY CARE

- Dedicated Primary Care Doctors
- At-Home Labs
- Genomics Tests
- Annual Wellness Visit
- Chronic Care and Medication Management

VIRTUAL URGENT CARE

- 24/7 Access to Board Certified Providers
- Family Coverage

VIRTUAL BEHAVIORAL HEALTH

- Access to Counseling
- Access to Psychiatry*
- Dedicated providers
- Medication Management

PRESCRIPTION PLAN (Acute & Chronic)

- 3,000+ acute prescriptions available for \$0 copay
- Chronic Medications – 4 Tier Formulary (\$15, \$30, \$50, \$75)
- 65,000+ Pharmacy Locations

*Psychiatry requires a member copay

TotalCare

Our Virtual Primary Care and complete Prescription Plan is designed to simplify and provide a comprehensive, affordable access to primary care and behavioral health specialists.

HOW IT WORKS



Sign Up:

- Join today by selecting the plan that fits your needs

Schedule a Visit:

- Simply log in to your account and schedule a visit with a primary care doctor.

Get Care:

- Speak with a doctor online, receive your diagnosis, and get prescriptions if needed.

INCLUDES



Virtual Care Discounts

- Teledentistry
- Emotional Wellness
- TeleVeterinary

Lifestyle Benefits

- Entertainment Benefits
- Theme Parks & Movie Ticket Discounts
- Rental Cars
- Hotels
- Cashback Rewards
- Fitness Discounts

Health Care Discounts

- Medical
- Dental
- Vision
- Hearing
- Labs
- Imaging
- Diabetes Supplies
- Prescriptions

Single Coverage:

→ Great for Individuals

\$30/month

Family Coverage:

→ Covers the entire Family

\$45/month



Microwave 4-Minute Chicken Quesadilla

INGREDIENTS

- 2 medium flour tortillas
- 1/2 cup chicken strip, or shredded chicken, cooked
- 1/2 bell pepper, diced
- 1 tablespoon taco seasoning
- 1/4 cup shredded cheddar cheese

DIRECTIONS

- Microwave the tortillas on a plate until slightly crispy. They will dry out a bit as they cool.
- Mix the chicken, peppers, and taco seasoning in a bowl until evenly combined, then cook for about 1-2 minutes until the peppers are soft.
- Spread the mixture evenly on one tortilla, cover evenly with the cheese, then top with the other tortilla.
- Cook for another 30 seconds to 1 minute, slice, then serve.

Word Search

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| ATMOSPHERE | DEWPOINT | GUST | JET STREAM | OZONE |
| BAROMETER | DOWNBURST | HAIL | LIGHTNING | RADAR |
| CLIMATE | FLOOD | HAZE | MILLIBAR | STRATUS |
| CONDENSATION | FOG | HUMIDITY | NEXRAD | TROUGH |