National Association of Independent Truckers

JUNE**2023** 

# ROADSIDE READER



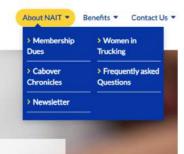


#### **Did You Know**

- TruckersReport says semi-truck maintenance and repair costs can cost owner-operators upwards of \$15,000 each year.
- According to the Commercial Carrier Journal, the average cost of mechanical repair for truckload carriers is \$411.
- According to the American Transportation Research Institute, tire expenses for an owneroperator can exceed \$4,000 annually.

Always do pre- and post-trip inspections. Small issues that aren't caught quickly can turn into big problems!





Missed an issue of the NAIT Newsletter? We have all back issues on our website! On the Home page, click "About NAIT" and then "Newsletter" in the dropdown.

Follow NAIT on Facebook, LinkedIn, TikTok







Association & NAIT Member Benefits

NAIT Specialist Mona Brimeyer 877-770-6248

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## **NAIT BENEFITS**



Emergency roadside services are paramount for big rig drivers, ensuring their safety, minimizing downtime, and preserving the integrity of goods transported. These services provide a lifeline during unexpected breakdowns, accidents, or other emergencies, enabling drivers to resume their journeys and maintain crucial delivery schedules quickly.

By offering immediate assistance, such as tire changes, fuel delivery, mechanical repairs, or towing, emergency roadside services safeguard the well-being of drivers and the public's well-being, preventing potential road hazards. Also, timely support from these services helps mitigate the financial implications of extended delays, ensuring efficient operations and customer satisfaction.

In a world where logistics and commerce depend heavily on the transportation of goods, emergency roadside services stand as an indispensable ally for big rig drivers, ensuring a smooth and reliable flow of goods across vast distances. Roadside Masters offers a comprehensive range of emergency roadside services tailored specifically to the needs of big rig drivers. Among the services offered:

#### 24/7 Roadside Assistance

Round-the-clock support, ensuring that help is just a phone call away whenever an emergency occurs.

#### **Tire Services**

Tire repair and replacement services., whether it's a puncture repair or a full tire replacement.

#### **Fuel Delivery**

Ensure drivers can quickly return to the road without searching for a nearby fuel station.

#### **Jump-Starts and Battery Replacement**

Jump-start services to get vehicles running again; if a battery replacement is required, they can also assist in finding and installing a new battery.

#### Lockout Assistance

Trained professionals to help drivers regain vehicle access without causing any damage.

#### **Mechanical Repairs**

A network of qualified mechanics who can provide on-site repairs or arrange towing services to the nearest repair facility.

#### **Towing and Recovery**

Ensure the safe removal of the vehicle from the roadside with the necessary equipment and expertise to handle heavy-duty towing.

FOR DETAILS, CONTACT
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## **PARTNER SPOTLIGHT**

NAIT has partnered with **Roadside Masters** to bring our members an Emergency Roadside Assistance program for \$399.99 annually (a \$100 savings) – or \$199.99 down and \$45.99 per month for 11 months. They offer additional discounts from more than 40,000 vendors that offer parts and services.

Call (800) 395-4908 or sign up at www.roadsidemasters.com.



#### **FUN FACT**



In 1972, President Richard Nixon signed a proclamation making Father's Day a federal holiday. Today, economists estimate that Americans spend more than \$1 billion each year on Father's Day gifts.

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## **GRILLED BROWN SUGAR-MUSTARD CHICKEN**

#### **INGREDIENTS**

- 1/2 cup yellow or Dijon mustard
- 1/3 cup packed brown sugar
- 1/2 teaspoon ground allspice
- 1/4 teaspoon crushed red pepper flakes
- 8 boneless skinless chicken thighs (about 2 pounds)

#### **DIRECTIONS**

- 1. Mix mustard, brown sugar, allspice, and pepper flakes in a large bowl. Remove 1/4 cup mixture for serving. Add chicken to the remaining mixture; toss to coat.
- 2. Grill chicken, covered, over medium heat or broil 4 in. from heat for 6-8 minutes on each side or until a thermometer reads 170 degrees. Serve with reserved mustard mixture.





On July 5, 1908, a West Virginia church sponsored the nation's first event explicitly in honor of fathers, a Sunday sermon in memory of the 362 men who had died in the previous December's explosions at the Fairmont Coal Company mines in Monongah, but it was a one-time commemoration and not an annual holiday.

The next year, Sonora Smart Dodd of Spokane, Washington, one of six children raised by a widower, tried to establish an official equivalent to Mother's Day for male parents. She went to local churches, the YMCA, shopkeepers, and government officials to drum up support for her idea, and she was successful: Washington State celebrated the nation's first statewide Father's Day on June 19, 1910.

Slowly, the holiday spread. President Wilson honored the day in 1916 by using telegraph signals to unfurl a flag in Spokane when he pressed a button in Washington, D.C. In 1924, President Calvin Coolidge urged state governments to observe Father's Day.

Today, the day honoring fathers is celebrated in the United States on the third Sunday of June

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## **NAIT BENEFITS**

# \$11 MONTHLY FOR \$5K







ZERO-FEE Fuel Card

Sleep Apnea Testing

Hotel Discount: up to 60% off

NAIT has long-term partnerships with providers that share its dedication to the industry. We have worked with our members to develop association benefits to meet their needs.



To receive a quote for any of these programs, call 877-770-6248.

#### www.NAIT.Elelife.com

#### **New Benefits**

- Telemedicine
- Chiropractic
- Dental/Vision/Hearing
- MRI and Lab Tests
- Pharmacy Discount Program
- Diabetes Care
- Vitamin Discounts
- Pet Telehealth/Vet Visit/Medicine
- ... and more!

#### **Business Solutions**

- Emergency Breakdown and Roadside Assistance
- NAIT Fuel Program
- Used Truck Purchase Program
- Computer Hardware and Software
- Form 2290 Truck Tax Assistance
- Heavy Duty Truck Parts
- Office products
- Tax Consultants/Preparation
- Mapping and Navigation App

#### **Insurance Coverages**

#### www.transguard.com

Comprehensive packages designed for members and families by IAT TransGuard.

Available coverages Include:

- Occupational Accident and Non-Occupational Accident
- Workers' comp for employee drivers and casual labor
- Occupational Compensation for casual labor
- Non-Trucking Liability when your truck is used for a private passenger vehicle
- Physical Damage, including Collision
   Comprehensive, Glass Breakage, Towing, Rental, and Personal Contents
- Passenger Accident

#### **Exclusive Benefits/Discounts**

- Hotel
- Flowers and Gift Baskets
- Car Rental
- Epic Vue
- New Sleep Test Mobile App



Learn more at www.naitusa.com or call 877-770-6248

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## **NAIT BENEFITS**

### **WHY JOIN NAIT?**

With more than 41 years of industry experience and the strong buying power of our members, NAIT offers several programs and services you can't find elsewhere. We've recently added valuable new programs and services based on membership feedback. As a NAIT member, your voice counts. Bottom Line? Working together is powerful. Take advantage of all NAIT has to offer by joining today.



#### Telemedicine Basic

Feeling sick? Access doctors 24/7 from the convenience of your truck or anywhere! They can prescribe medicine – as needed.

#### **Benefits Include:**

- Dental
- Vision
- New Benefits Rx
- Diabetic Supplies
- Medical Equipment
- Lab Testing
- MRI & CT Scans
- Hearing
- and More ...
- Call 877-770-6248



#### Telemedicine Plus

Need more than a doctor? Feeling stressed? Telemedicine Plus also includes access to mental health therapists and counselors.

#### **Benefits Include:**

- Counseling Services
- MyEWellness
- New Benefits Rx
- Diabetic Supplies

Medical Equipment

- Lab Testing
- MRI & CT Scans
- and More ...
- Call 877-770-6248



#### **Pet Care**

Is your pet not looking so well? Now you can access pet health benefits whether on the road or at home.

#### Benefits Include:

- NB Pet Telehealth
- Instant Deals
- Vitamins
- New Benefits Rx
- Diabetic Supplies
- Medical Equipment
- Lab Testing
- MRI & CT Scans
- and More ...
- Call 877-770-6248



## Dental, Vision & Alternative

Affordable access to discounts on your family's dental, vision, and chiropractic needs with many bonus benefits.

#### Benefits Include:

- Dental and Vision
- Alternative Medicine
- MyEWellness
- New Benefits Rx
- Diabetic Supplies
- Medical Equipment
- Lab Testing
- MRI & CT Scans
- and More ...
- Call 877-770-6248

#### **QUESTIONS?**

Contact NAIT Specialist Mona Brimeyer 877-770-6248 • MemberBenefits@NAITUSA.com

This program is NOT insurance coverage, not intended to replace insurance, and does not meet the minimum creditable coverage requirements under the Affordable Care Act or Massachusetts M.G.L. c. 111M and 956 CRM 5.00. It contains a 30-day cancellation period, provides discounts only at the offices of contracted health care providers, and each member is obligated to pay the discounted medical charges in full at the point of service. For a complete list of disclosures, click here. Discount Plan Organization: New Benefits, Ltd., Attn: Compliance Department, PO Box 803475, Dallas, TX 75380-3475.